

JCOA Culinary Classes

Weekly Cooking Classes For Children Ages 4-14 Yrs Old. Our Unique Program began in 2014 as the 1st School in the United States to Combine Both Cooking & Education In One Classroom Setting! We Teach Science, Math, English & History With **Culinary Exploration In EVERY Cooking Class (STEM)!** Professional Chefs & Tutors Host Are With Our Kids Supporting & Encouraging Them Through Their Culinary Journey! Classes Are Conveniently Held On The Saturday Mornings From 9am-11am!

#Project JCOA Backpack Food Drive

1 in 5 children are at risk of hunger each day throughout the United States, according to Feeding America. We will help solve this problem by delivering meal backpacks & follow-up Buddie Bags on **Saturday Weekends** with enough food to feed one elementary school child four meals.

5 Programs

One Great School



Sous Chef Certification Course

Are You Between The Ages of 14-18 Yrs. Old? Would You Like To Become A Professional Chef? Are You Seeking A Great Culinary Program To Prepare You For College? This is a 6-Week Course Where Professional Chefs Take You On A Hand-Held Path To Career Success!

Graduation Mystery Box Challenge At End of Class!

Adult Donor Cooking Classes

Help Support Our School By Taking An Adult Cooking Class. Classes Are Taught By Professional Chefs Teaching You How To Prepare 5-Star Meals At Home. Each Class Taken **Will Sponsor One(1) Junior Chef Student** In A Cooking Class & **Feed One(1) Elementary Child** 4 Meals For Our #ProjectJCOA Backpack Food Drive Program.

Meals-On-A-Dime Program

Take A **Free Class** To Learn How To Save Money On Groceries & Preparing Meals At Minimum Cost. Professional Chefs Will Show You How To Use Limited Ingredients To Make Exciting, Healthy Meals For Your Family! Free Financial Budgeting Worksheets Also Included!

Register For Any Of Our Programs At:
www.JuniorChefsOfAmerica.org



CALENDAR 2021-2022

IN-PERSON WEEKEND CLASSES FOR KIDS 4-14 YRS OLD

& #ProjectJCOA Backpack Food Drive

MONTHLY THEME: Foods From Around The World

| SEPTEMBER 2021 North America | OCTOBER 2021 North America | NOVEMBER 2021 South America | DECEMBER 2021 Africa & Oceania | JANUARY 2022 Asia |
|--|---|---|--|--|
| September 4, 2021 No School | October 2, 2021 Sheet Pan Chicken Fajitas | November 6, 2021 Brazilian Chicken w/Rice & Carrots | December 4, 2021 Moroccan Sheet Pan Chicken w/Couscous | January 1, 2022 No School Happy New Year! |
| September 11, 2021 Hawaiian BBQ Chicken Grandparent's Day Weekend | October 9, 2021 #ProjectJCOA Backpack Food Drive | November 13, 2021 #ProjectJCOA Backpack Food Drive | December 11, 2021 #ProjectJCOA Backpack Food Drive | January 11, 2022 Chinese Chicken & Veggies Stir-Fry |
| September 18, 2021 #ProjectJCOA Backpack Food Drive | October 16, 2021 Jamaican Jerk Chicken w/Coconut Rice | November 20, 2021 Colombian Rice Pudding w/Fruit Salad | December 18, 2021 Holiday Party Cookie Decorating Christmas Celebration | January 15, 2022 #ProjectJCOA Backpack Food Drive |
| September 25, 2021 Apple Pie Crumb Cakes | October 23, 2021 #ProjectJCOA Backpack Food Drive | November 27, 2021 No School | December 25, 2021 No School | January 22, 2022 Asian Noodles w/Shrimp |
| | October 30, 2021 Halloween Party! Spiced Pumpkin Granola | | | January 29, 2022 #ProjectJCOA Backpack Food Drive |

| FEBRUARY 2022 Caribbean | MARCH 2022 Europe | APRIL 2022 Europe | MAY 2022 Back in the USA! |
|---|---|---|--|
| February 5, 2022 Jamaican Hummingbird Cake | March 5, 2022 German Schnitzel & Spaetzle w/ Veggies | April 2, 2022 Italian Pasta w/Cauliflower & Sausage w/ Breadsticks | May 7, 2022 American Tacos |
| February 12, 2022 #ProjectJCOA Backpack Food Drive | March 12, 2022 #ProjectJCOA Backpack Food Drive | April 9, 2022 #ProjectJCOA Backpack Food Drive | May 14, 2022 #ProjectJCOA Backpack Food Drive |
| February 19, 2022 Aruba Fried Fish w/Creole Sauce and Corn | March 19, 2022 Irish Shepherd's Pie | April 16, 2022 Traditional English Trifle with Assorted Fruits Easter Weekend! | May 21, 2022 Buffalo Chicken Wings w/Homemade Chips |
| February 26, 2022 #ProjectJCOA Backpack Food Drive | March 26, 2022 #ProjectJCOA Backpack Food Drive | April 23, 2022 No School | May 28, 2022 Last Day of School! Summer Fun Foods |

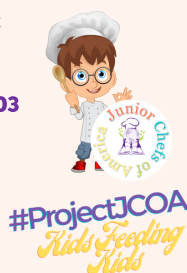
Saturday Classes 9am – 11am

In-Person Classes Up To 15 Students

 *Follow Us On Facebook. All Classes Post There To Bag On Our Junior Chefs!

**4311 W. WATERS AVENUE, SUITE 603
TAMPA, FLORIDA 33614
www.JuniorChefsOfAmerica.org**

813.408.1078



5 WAYS YOU CAN HELP MAKE A DIFFERENCE



Become A Financial Supporter

Make A One-Time Donation or Become A Monthly Supporter. Sign up at www.JuniorChefsOfAmerica.org/donate



Take An Adult Cooking Class

Sign Up For A Cooking Class At JCOA . **100% of Proceeds** Will Help Send One Child to Class & Feed One Child 4 Meals Over The Weekend! www.JuniorChefsOfAmerica.org/adults



Make A Food Donation

Donate Non-Perishable Food Items To Help **#ProjectJCOA Backpack Food Drive**. Call Us At 813-408-1078 For Drop-Off Days & Times. Sign Up At www.JuniorChefsOfAmerica.org/ProjectJCOA



Join Our Team of Volunteers

Help Support Our Community Efforts By Becoming A Volunteer. Sign up at www.JuniorChefsOfAmerica.org/volunteer



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THANKS FOR
YOUR SUPPORT

Junior Chefs of America

2021 - 2022 CULINARY
PROGRAMS



OUR MISSION:

We're Helping Our Communities End Food Insecurities & Hunger By Teaching Individuals How To Be Self-Sufficient Through Cooking Classes And By Sponsoring Food Delivery Services To Children In Need

